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Ericksonian Hypnosis Cards-Salad: Do What You Love



Synopsis

Ericksonian Hypnosis Cards are language cards designed to help you, the clinician, to steer your clients in the directions you would like to go. Whether for putting people into trance or guiding them to access the resources that will help them make certain changes these cards will help you whenever you are using formal hypnosis, speaking in public, or want to tell more engaging stories and metaphors. Based on the work of Milton Erickson, they also include techniques for wiring in the infamous NLP Milton Model, the world's most powerful hypnotic communication tool there is.

Book Information

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Customer Reviews

At last, a replacement for Zebu updated and improved from the original idea. An efficient way of learning language patterns. --Changes Magazine

Jamie Smart is one of the UK's finest Neuro-Linguistic Programming trainers and owner of Salad. Salad is an NLP Training company and one of the world's leading source of products for developing NLP skills. He believes that people are capable of far more than they think they are, and that changing your beliefs and attitudes is the fastest way to move towards the success and fulfillment you desire. Jamie is passionate about people, happiness and language, and is the creator of Ericksonian Hypnosis Cards, NLP Coaching Cards, and Irresistible Influence Cards, the fastest way there is to learn the language of NLP. His weekly NLP Tips newsletter is read by over 15,000 coaches, managers, therapists and personal development enthusiasts worldwide.

The title for this deck of cards is somewhat ambiguous, which is congruent with Ericksonian techniques. It implies that they are a self-help tool that will help you do what you love. If you love Ericksonian hypnosis techniques, they will help you practice and learn them for hypnosis scripting and therapeutic conversational patterns. They were designed to be used by hypnotherapists, or those who have extensively studied Erickson language patterns and/or NLP. Any practicing psychotherapist, social worker, or other healthcare professional would benefit from learning Ericksonian techniques. While the deck is somewhat expensive, it provides a handy way to practice and learn a variety of useful language patterns. Along with the "Handbook of Hypnotic Suggestions and Metaphors" by D. Corydon Hammond, this deck will provide you with many ideas for clinical applications.

I always wanted these cards but never got them because they seemed a frivolous purchase. I finally broke down and got them and have since realized that the concepts that you read on the cards actually stick. There's something about them being 'morsals of wisdom' and game-like that takes the pressure off learning the patterns. At least for me, I can play with them a bit, or just read a card or two and then get back to them days/weeks later when I'm in the mood. And in the meantime the patterns/language stays with me without having to memorize anything.

For the location in which this product was sent to me from, the arrival time was very expedient! Very easy to read and understand when playing the recommended games. I have them sitting on my desk and look at them everyday. Only takes a moment to send a text a message or text to someone to apply the recommended Ericksonian language. I highly would recommend to anyone looking to advance your influential skills. ~ JB ~

This is a great way to learn hypnotic language techniques! There are tons of books, but only a few flash card options. This is one of the most widely-praised products of its kind. Jamie Smart knows this material - I wish there was a less expensive way to get all of the word salad offerings.

great cards .

Plus I am able to indulge in my love of playing solitaire with a clear conscious because I am 'studying' and the phases steadily sink in easily! I highly recommend this

what its like when you feel so confident that you find yourself doing whatever you want to do, like its so easy that after you have achieved your goals you want more from this.

Just don't get these if you already have "Zebu" cards - they are the same. I have a set of Zebu cards and assumed these would be new "patterns" of speech - wrong - all exactly the same. Great cards - just didn't need two sets of the same thing.

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